



# OCTOBER 2011

Highland Swimming and Diving

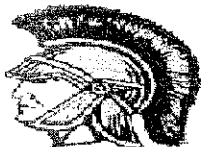
Coach Harrington 219-406-5499  
Coach Flemming 219-406-2100  
Coach Castillo 219-616-8566



SUN	MON	TUE	WED	THU	FRI	SAT
						1
	3	4	5	6	7	8 Learn to Swim 9-10:30a
	10	11	12	13	14	15 Learn to Swim 9-10:30a
6	17	18 OPEN SWIM 7:30-9	19	20	21	22 Learn to Swim 9-10:30a
3	24 SEASON STARTS	25 OPEN SWIM 7:30-9	26	27 Fall Break Practice TBA	28 Fall Break Practice TBA	29
0	31					

**Lane 1-2 Practice** 6-7:15a Tues. Wed, Thurs : 3:15-5:30 Mon, Wed, Fri

**Lane 3-6 Practice** 6-7:15a M-Fri : 3:15-5:30 M,T,TH,FR 2:50-5:30 Wed



# NOVEMBER 2011

Highland Swimming And Diving

Coach Harrington 219-406-5499  
Coach Fleming 219-406-2100  
Coach Castillo 219-616-8566



SUN	MON	TUE	WED	THU	FRI	SAT
		<b>1</b> OPEN SWIM 7:30-9	<b>2</b>	<b>3</b>	<b>4</b> HHSC INVITE	<b>5</b> HHSC INVITE
<b>6</b> HHSC IVITE	<b>7</b>	<b>8</b> OPEN SWIM 7:30-9	<b>9</b>	<b>10</b> Girl's @ Chesterton 6:00pm	<b>11</b>	<b>12</b> Learn to Swim 9-10:30a
<b>13</b>	<b>14</b>	<b>15</b> Girls vs Griffith 6:00 pm	<b>16</b>	<b>17</b> Girls @ Valpo 6:00pm	<b>18</b>	<b>19</b> Learn to Swim 9-10:30a
<b>20</b>	<b>21</b>	<b>22</b> Girls @ Munster 6:00pm	<b>23</b>	<b>24</b> ThanksGiving No Practice	<b>25</b> Varsity 7-10a	<b>26</b> Learn to Swim 9-10:30a Varsity/JV 10:30- 12:30
<b>27</b>	<b>28</b>	<b>29</b> G/B Vs KV 6:00pm	<b>30</b>			

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# DECEMBER 2011

Highland Swimming and Diving

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SUN	MON	TUE	WED	THU	FRI	SAT
				1 Girls @ LC 6:00	2	3 Girls@ LaPorte 9:00am Boys @ Munster 9:00am
4	5	6 G&B Vs Lowell 6:00pm	7 G&B Vs Merriville 6:00pm	8	9	10 G&B @ Portage 9:00am
11	12 G&B Vs C.P. 6:00pm	13 G&B @ Hobart 6:00pm	14	15 Boys Vs L.C. 6:00pm	16	17
18	19	20	21	22	23	24
25	26 Paradise TBA	27 Paradise TBA	28 Paradise TBA	29 Paradise TBA	30 Boys Invite 12:00am Diving 4:00pm Swimming	31

**Lane 1-2 Practice** 6 -7:15a Tues. Wed, Thurs : 3:15-5:30 Mon, Wed, Fri  
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# JANUARY 2012

Highland Swimming and Diving

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Coach Flemming 219-406-2100  
Coach Castillo 219-616-8566



SUN	MON	TUE	WED	THU	FRI	SAT
	<b>2</b> Paradise TBA	<b>3</b> Paradise TBA	<b>4</b> Paradise TBA	<b>5</b> G/B Vs LaPorte 6:00pm PARENTS NIGHT	<b>6</b> Paradise TBA	<b>7</b> Girls Invite @ Home 9:00am 1:00pm
	<b>9</b>	<b>10</b> Boys @ Girffith 6:00pm	<b>11</b>	<b>12</b> Boys @ Valpo 6:00pm	<b>13</b>	<b>14</b> Girls Conference @Home 9:00am Diving 1:00pm Swimming
<b>15</b>	<b>16</b> Practice time TBA GIRLS LAST MORNING	<b>17</b> Boys Vs Munster 6:00pm	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> G&B @ Michigan City 6:00pm	<b>26</b> G&B @ Morton 6:00pm	<b>27</b>	<b>28</b> Boys NCC Conference @Munster 9:00am Diving 1:00pm Swimming
<b>29</b>	<b>30 BOYS LAST</b> MORNING	<b>31</b> Boys Vs Chesterton 6:00pm				

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**Lane 3-6 Practice** 6-7:15a M-Fri : 3:15-5:30 M,T,TH,FR 2:50-5:30 Wed



# FEBRUARY 2012

Highland Swimming and Diving

Coach Harrington 219-406-5499  
Coach Flemming 219-406-2100  
Coach Castillo 219-616-8566



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Girls Sectional Prelims @Crown Point	3	4 Girls Sectional Finals @Crown Point
	6	7 Girls Diving Regionals TBA	8 Boys @ LaPorte 6:00pm	9	10 Girls State Prelms IUPUI	11 Girls State Finals IUPUI
2	13	14	15	16 Boys Sectional Prelims @Crown Point	17 Practce TBA	18 Boys Sectional Finals @Crown Point
9	20 Practce TBA	21 Boys Diving Regionals TBA	22	23	24 Boys State Prelims IUPUI	25 Boys State Finals IUPUI
6	27	28	29			

Lane 3-6 Practice 3:15-5:30 M, T, TH, FR 2:50-5:30 WED